



SoutteReview

A newsletter of The Lamar Soutter Library • University of Massachusetts Worcester • Issue 3

Document Delivery Department Receives Award



Pictured above accepting the award are John Hemenway (left) and Spiro Efstathiou (right) of the Document Delivery Department, and Debbie Sibley (center), Deputy Director of The Lamar Soutter Library.

Hats off to the Interlibrary Loan and Document Delivery Department for their recent professional achievement award and their induction into the Massachusetts Health Sciences Library Network (MAHSLIN) Hall of Fame. MAHSLIN established its Hall of Fame “to recognize the performance and leadership” of special members of the Massachusetts health sciences library community.

Singled out for their meritorious work were the two fulltime employees of the Interlibrary Loan and Document Delivery Departments, John Hemenway and Spiro Efstathiou. MAHSLIN noted that “the true responsibility for the juggling

and delivering the tens of thousands” of document requests falls on the shoulders of John and Spiro. This honor caps the many compliments that libraries and individuals have accorded them through their years of library service.

John and Spiro were inducted into the MAHSLIN Hall of Fame on Wednesday, April 29, 1998. To see more details of this honor received by John and Spiro, go to *What's New* on the library website. ✨

Welcome (and Welcome Back)!

The staff of The Lamar Soutter Library is happy to welcome in the class of 2002 and to welcome back the classes of 2001, 2000, and 1999. Whether you are a Nursing, Graduate or Medical student, we wish to be of service to you. Our aim is to assist you as you travel down the road of health sciences academia. It is not always an easy route, and sometimes the view is not particularly scenic, but we are happy you are traveling down this sometimes crazy but mostly satisfying trail.

We hope that your orientation to the library will prove to be beneficial to you and that we will be helpful as you aspire to academic greatness. It is our hope that the library will be a welcoming oasis in the months and years to come.

The library newsletter, the *SoutteReview*, strives to keep the library user informed on all of the latest developments happening within our department. Please let us know what we can do to be most helpful to you. ✨

Welcome and welcome back!

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LIBRARY HOURS

Monday - Thursday 7:00 am - 11:30 pm

Friday 7:00 am - 9:00 pm

Saturday 9:00 am - 10:00 pm

Sunday 10:00 am - 11:30 pm

Hours are subject to change due to exams, holidays and weather conditions. Please call (508) 856-2511 for current library hours.

TELEPHONE NUMBERS

Circulation

(508) 856-6099

Reference Desk

856-6857

Document Delivery

856-2029

Interlibrary Borrowing

856-3302

Library Administration

856-2205

Government Documents

856-3290 or 856-2473

Journal Information

856-2367

Acquisitions

856-1041

August 1998

A Dose of Reading



The following are accounts by people who have coped with various types of depression. All items are available through The Lamar Soutter Library.

- Berger, Diane et al. *We Heard the Angels of Madness: A Family Guide to Coping With Manic Depression* (1991). With help from his family, 18-year-old Mark is able to effectively treat a sudden onset of manic depression.
- Cronkite, Kathy. *On the Edge of Darkness: Conversations About Conquering Depression* (1994). Having herself battled depression, Cronkite here dovetails recent medical information with interviews of such notable sufferers of this illness as Mike Wallace, Joan Rivers, Rod Steiger, Dick Clark, Ann Buchwald, and John Kenneth Galbraith.
- Danquah, Meri Nana-Ama. *Willow Weep for Me: A Black Woman's Journey Through Depression: A Memoir* (1998). A groundbreaking work focusing on depression from a black woman's perspective, this book chronicles her struggles with depression as well as her ensuing therapy.
- Dravecky, Jan and Connie Neal. *A Joy I'd Never Known* (1996). This memoir traces the life of a woman whose parents died of sudden heart attacks and whose husband, a professional baseball pitcher, lost his arm to cancer. Through religious faith and determination, Dravecky overcame her despair.
- Duke, Patty. *A Brilliant Madness: Living with Manic-Depressive Illness* (1992). Co-authored by medical writer Gloria Hochman, this companion volume to Duke's *Call Me Anna* details her nearly twenty years of undiagnosed manic depression.
- Hannon, Bill. *Agents in My Brain: How I Survived Manic Depression* (1997). One of the few published accounts of manic depression by a man; Hannon is a frequent guest lecturer on college campuses.
- Jamison, Kay Redfield. *The Unquiet Mind* (1995). Herself an internationally acclaimed authority on mental illness, Jamison recounts her battles with manic depression during her girlhood and adolescence.
- Manning, Martha. *Undercurrents: A Life Beneath the Surface* (1995). Afflicted with depression that was unresponsive to medication, this therapist tells of her return to health through electroconvulsive treatment.
- Middleton, Harry. *The Bright Country: A Fisherman's Return to Trout, Wild Water, and Himself* (1993). A most unusual coming-to-terms with depression, as described by a free spirit whose Colorado adventures range from the comic to the profound.
- Real, Terrence. *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression* (1997). Including instances drawn from his own life, Real makes the case that many men suffer from "covert depression," hidden from view by compulsive and addictive behaviors involving work, violence, alcohol, and sex.
- Thompson, Tracy. *The Beast: A Journey Through Depression* (1995). An investigative reporter, Thompson delves into the subject, with the use of the journals she kept for decades as a depressed adolescent and woman.
- Wurtzel, Elizabeth. *Prozac Nation: Young and Depressed in America: A Memoir* (1994). Born in 1967, Wurtzel has woven a complex work that is part testimony of the torture she endured as a depressed adolescent, and part sociological inquiry into whether our culture has overmedicated itself on such serotonin-reuptake drugs as Prozac.



Did You Know . . . ?


You can access the General Laws of Massachusetts on the World Wide Web via the library's website. This site contains all of the amendments to the General Laws passed before June 1, 1998.

- Go to the library homepage at <http://library.ummed.edu>
- Next go to "Government Sites,"
- Then click on "State," in the Table of Contents,
- Finally, go to "The General Laws of Massachusetts."

This resource is not considered an official version, but every effort is made to publish an accurate copy. The print version of the General

Laws of Massachusetts is in the library.

You can find information online in three ways:

- Enter a specific chapter and section number.
- Browse by chapter.
- Perform a word search. 

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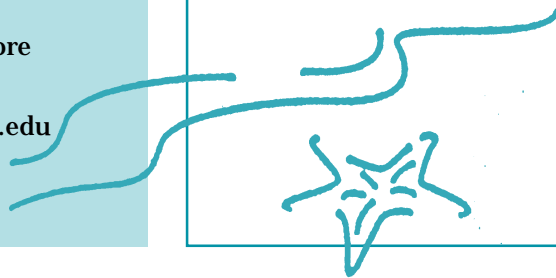
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World Wide Web:

<http://library.ummed.edu>

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Remember that old encyclopedia you used to pore over, with its pages of information, its cross references, and its great pictures? Of course, you also had to deal with missing pages or volumes, with flipping back and forth from index to volume, and with having to consult separate yearbooks.

Encyclopaedia Britannica is now available on the World Wide Web—accessible on this campus via The Lamar Soutter Library's web site (<http://library.ummed.edu>). Click on the "Britannica Online" link, then click on "College, School, Library & Business Users."

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- "Spotlight Features" (also available to non-subscribers) to "bring timely topics to life with articles and a variety of interactive features."