Dose of Reading: Depression and Manic-Depression

The following are non-technical books about depression or manic-depression that assume no prior clinical subject expertise by the reader. Patients and other laypersons may find them to be of interest and use. Titles without Lamar Soutter Library call numbers are available through Interlibrary Borrowing or the Virtual Catalog system.


Harris, E. Lynn. What Becomes of the Broken-Hearted: A Memoir (2003) After telling of his suicide attempt in his 40s, Harris returns to his childhood to trace his years growing up with an abusive stepfather in Arkansas.


Nuland, Sherwin B. What Becomes of the Broken-Hearted: A Memoir (2003) After telling of his suicide attempt in his 40s, Harris returns to his childhood to trace his years growing up with an abusive stepfather in Arkansas.


Summer, Lauralee. Learning Joy from Dogs Without Collars (2003) Raised in poverty by her mother, here she recreates her first 22 years on the West and then East coasts.


—JL
Stretching the Boundaries of the Library

A trio of librarians from the Lamar Soutter Library partici-
pate in chart rounds at three area health centers—Family
Health Center of Worcester, Hahnenmann Family Health
Center, and the Barre Health Center. (These centers are fam-
ily medicine residency training sites for the Medical School.)

Nancy Hager, Jim Cotter, and Len Levin have been attend-
ing chart rounds once a week for the past five years to assist
with answering clinical questions that are generated from
daily patient encounters. UMass faculty physicians conduct
the rounds with the residents and review current patient
care.

Family physicians generate a substantial number of clinical
questions, while caring for their patients. Nancy, Jim, and
Len assist with answering questions, using an array of
resources from the Library’s online sources and then demon-
strate how they found the answers. Many of the medical
resources contain frequently updated and peer-reviewed
answers to specific clinical questions using the “best available
evidence.” The resources available through the Library’s web
site allow the physicians to find and answer patient-specific
questions.

The Family Health Center of Worcester recently celebrated
its 35th anniversary of service to an ethnically diverse urban
community. (It has been a training site for UMass family
medicine residents since 1974.) The center has a staff of 300—family practice residents, faculty physicians, nurse
practitioners, nurses, social workers—and sees 25,000
patients per year. The homeless, immigrants, and refugees who would otherwise not have access to medical, dental,
sic, and ancillary services are all welcome at the health
center. Forty percent of its patients need some kind of trans-
slation services.

Hahnenmann Health Center’s patients are ethnically and
economically diverse and come from the many urban
close-knit neighborhoods surrounding the center. The health
center has a busy obstetrical practice that stresses family-cen-
tered maternity care. Residents follow the obstetric patients and attend their deliveries at the Memorial Campus, super-
visored by the faculty.

The Barre Health Center Director, Steve Earle, M.D., is a spe-
cialist in rural health. It is the only rural academic health
center in the state. The center provides primary health care
services to a population of approximately 1,250 patients. Due to its proximity to the University of Massachusetts,
the center recently expanded with a $2.6 million addi-
tion. The health center supports a volume of up to 45,000
patients per year.

We three participating LSL librarians have found that attend-
ing chart rounds at the three area health centers has been an
excellent opportunity for us to become involved as team
members on the front line of medical education and patient
care.

—NH

eScholarship@UMMS – Digital Repository

Library staff continue to add content to the digital repository
eScholarship@UMMS, capturing the scholarly work produced
by the University of Massachusetts Medical School communi-
ty. Its purpose is to make the research and scholarly output
of UMMS faculty, researchers, staff, and students accessible.

The power of eScholarship is represented by collecting infor-
mation in one place and making it discoverable through
Library’s search engines. eScholarship@UMMS is supporting
research interests among members of the Women’s Faculty
Committee, by allowing members to find future research
partners, and funding students’ research interests in international
and fourth-year research projects; and is offering
researchers the opportunity to publish their work in the
GSBS program.

Six groups or “communities of interest” have been estab-
lished, representing researchers, clinicians, and students.
eScholarship@UMMS provides cumulative usage statistics for
individual documents (i.e., articles) and sends the usage sta-
tistics to the author. For example, an article by one UMass
author has been downloaded more than 2000 times.

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Center, and the Barre Health Center. (These centers are fam-
ily medicine residency training sites for the Medical School.)
She also will be remembered for her generous donation towards the Library’s renovation in 2002.

References

Cultural Events News

The Library continues to be approached by artists for its
Artist in Residence series.

June featured an exhibition of floral Cloisonné enameled
silver by the Physiology Department’s Peter Grigg, Ph.D.
The Pediatrics Department’s Marianne Felice, M.D. presented
her collection of seascape oil paintings at a reception on July 17.
The Library will next play host to the landscapes by James B.
Hanshaw, M.D. in paint and paste.

—JP

Reference Book by LSL Staff Member

Donated to Archival Collection

LSS Library assistant (and SoutherAcademy co-editor) Jeff Long
has donated a copy of Remembered Childhoods, a new multi-
cultural and multidisciplinary resource book, to the Lamar
Soutter Library archives. It is the culmination of 25
years of work by Long.

The hook functions as a reference and bibliotherapy tool for
medical professionals (e.g., pediatricians, child psycholo-
gists, therapists) and their patients. It lists and
announces autobiographical works by individuals who have
duplicated the experiences of persons who have lived
throughout the past two centuries. It is the culmination of 25
years of work by Long.

The new Levels Program addresses the inadequacies of a
graded system that depends on tightly-defined, graded job
categories, incapacity to foster collaborative relationships, and rigid office boundaries. (Such tradi-
tional systems lack the flexibility needed to respond to the
workforce changes in today’s information-rich environment.)

A team of Library managers and supervisors drafted the pro-
gression chart to be used in the LSL School channels
required for approval. The team will schedule cross-training, as well as mentor and coach staff, and also document
achievements toward promotion in this new program.

For more information, contact Barbara Ingrassia, Associate
Director for Strategic Initiatives and Workforce Development
at Barbara.Ingrassia@umassmed.edu.

—JE, BI

Promotion Plan Announced

Library Support staff play an important role in the daily
operations of the Lamar Soutter Library. The Library is insti-
tuting a career ladder/promotion in place plan for these staff
members. The program is one of the first of its kind for aca-
demic medical libraries.

Over two years in its development, the Levels Program incor-
porates the Library’s current LSL role delineation, formalizes
the Library’s work areas and defines the Library’s functional
areas, thus establishing the “job families” or “Levels” program.
The program has been implemented within the Lamar Soutter
Library to provide a tool for library staff to advance through
the various levels that make up the Library.

The new Levels Program is cross-training in all library
areas to create a staff with broad experience and the ability
to move between LSL functional areas.

This program will allow Library staff to transcend the career
 confines of a single office department, enabling staff to train
in other areas and help advance through achievement
stages in multiple areas. Achievement is evaluated based on
objective frameworks, designed with competencies in mind.

As staff members develop expertise in multiple areas, they
are rewarded for breaking out of their silos. Promotion to the
next level is tied to achievement in multiple areas, as well
as to education and years of work experience at the
Library.

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IN MEMORIAM

This issue, we sadly note the April 27, 2007 passing of Mary Cleveland Bigelow Soutter, widow of Lamar Soutter, after
Whom this publication—and the medical library whose services, collections, and staff it promotes—was named. A for-
mother, sister, and aunt, Mary was remembered for her generosity.

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A trio of librarians from the Lamar Soutter Library participate in a changing three area health centers—Family Health Center of Worcester, Hahnemann Family Health Center, and the Barre Health Center. (These centers are especially medicine residency training sites for the Medical School.)

Nancy Harger, Jim Come, and Len Levin have been attending chart rounds once a week for the past five years to assist with answering clinical questions that are generated from daily patient encounters. UMass faculty physicians conduct the rounds with the residents and review current patient care. They relay this information to the other family physicians who would otherwise be unable to access medical, dental, and ancillary services are all welcome at the health center. Forty percent of its patients need some kind of transportation. It is the only rural academic health center in the state. Due to tremendous growth in patient volume, Hahnemann Health Center's patients are ethnically and socio-economically diverse and come from the many urban close-knit neighborhoods surrounding the center. The health center has a busy obstetrical practice that stresses family-centered maternity care. Residents follow the obstetric patients and attend their deliveries at the Memorial Campus, supervised by the faculty. The Barre Health Center Director, Steve Earle, M.D., is a specialist in rural health. It is the only rural academic health center in the state. Due to strong referral sources, the volume increases. The center recently expanded with a $6.6 million addition. The health center supports a volume of up to 45,000 patient visits per year.

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Promotion Plan Announced

Library Support staff play an important role in the daily operations of the Lamar Soutter Library. The Library is instituting a career ladder/promotion in place plan for these staff members. The program is one of the first of its kind for academic medical libraries.

Over two years in its development, the Levels Program incorporates a rich combination of new and innovative ideas, including: redefining library functional areas called “Areas of Responsibility,” three “Achievement Stages” or accomplishment levels, and revamping metadata and working with students, clinicians, and researchers to promote their work. The Library will continue to reach out to the UMass community, expanding content and exploring models to capture, share, and promote UMass scholarly efforts.

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The book serves as a reference and bibliotherapy tool for medical professionals (e.g., pediatricians, child psychologists, therapists and patients). It lists and describes autobiographical works by individuals who have coped with various ailments (e.g., diseases, sense impairments, dysfunctions, and trauma (e.g., family violence, psychological issues). The volume also contains citations for non-fiction nested years of persons who emerged into adulthood as medical students, physicians, nurses, and other health professionals.
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